

FFS

BETWEEN THE LINES

*"I sure didn't think of myself as a fat person -- just someone who carries extra weight."*

— Rod Beck

Portly Chicago Cubs relief pitcher  
defending his physique

VOLLEYBALL STANDINGS

current as of Mar. 20

American League

TEAM	Won	Lost
USFJ	8	1
5 AF	6	2
DoDDS	4	3
374 SUPS/CES	3	6
AES/MDG "B"	2	6
36 AS	1	3
374 SFS	0	8

National League

TEAM	Won	Lost
374 Trans	7	2
AES/MDG "A"	8	1
374 CS	5	3
630 AMSS	4	5
AFN	4	4
DFAS	4	5
374 CONS	4	5

ON THE BENCH

Mar. 24 through May 31

Outdoor rec events

The following is a list of Outdoor Recreation's spring program schedule. Departing times and costs vary.

**River rafting and hot springs** -- April 5 and 22, May 3 and 27.

**Ocean fishing** -- April 8 and 19, May 6 and 24.

**Mt. Mitake day hike** -- April 12.

**Mountain bike day trip** -- April 15 and 26, May 13.

**Trout fishing** -- April 29.

**Day hike and hot springs** -- May 10.

**Tour De Tama** -- May 20.

**Sea kayak and camping** -- May 27-29.

**Kawaguchiko fishing** -- May 31.

For more information, call Outdoor Recreation at 225-4553.

# Base powerlifter wins nationals

By Senior Airman Matt Miller  
Fuji Flyer Editor

One thousand two hundred sixty-five pounds was all Victor "Vic" Cardwell needed to lift March 11 to win the 165 pound division of the 200 USAPL Military National Powerlifting/Bench Press Championships at San Diego, Calif.

He squatted 450 pounds, bench pressed 315 pounds and deadlifted 500 pounds to defeat 12 other lifters in his weight class.

Cardwell, a five-foot six-inch staff sergeant from the 630th Air Mobility Support Squadron, began powerlifting only six years ago while stationed at Rhein Main Air Base, Germany. While working out, a group of football players from the base team had noticed Cardwell's potential. Taking him aside, they talked him into entering a local powerlifting tournament.

"Never having done anything like that before, I didn't know what to expect," said Cardwell. "I was very nervous."

Putting his nervousness in the back of his mind, Cardwell placed fifth out of 12 competitors.

"I realized that I could win if I only trained," he recalled.

Soon there after he established a five-day, one hour and 45 minute routine to give himself every opportunity to improve and possibly win at that level. What he didn't know at the time was that he would not only start winning, but winning against the best.

"I don't believe anyone in the world likes to win more than I do," he said. "I don't believe in second place. No one ever remembers the person who comes in second."

Cardwell eventually PCSed back to the states where he put what he learned in Europe up against some American competitors. Consequentially his powerlifting career took off.

Over the next five years he won consecutive Delaware State Powerlifting championships, in addition to bench press wins at Fort Belvoir, Md., and Dover Air Force Base, Del.

Finally, in 1999, he PCSed to Yokota where he hooked up with the best lifting partners he's ever worked with.



photo by Senior Airman Matt Miller

## Victor "Vic" Cardwell practices his deadlifts in the base gym.

"My training partners are also two of my coworkers," he said. "They (Brian Boland and Chad Baldini) help me out when I get into a lull. They encourage me to do my best."

"My partners recognized that I wasn't doing the squat properly. When I would lift, I was putting a tremendous amount of pressure on my joints, in particular my elbows," said Cardwell. "They made the right adjustments to my form and helped me increase the amount I could lift without any stress."

This new technique helped Cardwell's performance, but it was a Marine spectator, who helped him win the championship.

"Normally my wife (Tonia) accompanies me to the tournaments, but due to college finals, she had to stay home," said Cardwell. "She keeps tabs on the amount of weight I need for each lift to win. With the scoreboard facing away from me, I didn't know how much I needed in the deadlift to win."

Thus the beast of interservice rivalry reared its ugly head. Not wanting an Army member to win, a Marine in the stands gave Cardwell a hand signal telling him to put 500 pounds on the bar.

"I had previously lifted 485 but the judges said I didn't hold it long enough. Thus I had only one more lift to win," he said.

Cardwell took the bar and the quarter ton that was attached to it and successfully made the lift for the unusually strict judges, thus eking out a five-pound championship win.

"This win is particularly special because of the talent at this competition," he said. "There were some lifters there who are ranked nationally and internationally. It's by interacting with these guys and watching them lift that I pick up on the little things that help me win."

And although several Air Force members took top spots in the competition, the Army secured the team win by default.

"Since the Air Force didn't enter a team, we weren't able to win the overall competition. We would have won it hands down with the number of places we took," said Cardwell. "We didn't realize it until the meet had started, and of course the Army wasn't going to let us enter a team there."

Cardwell hopes his future holds a couple of top three finishes in the U.S. Powerlifting Nationals.

"I would like to do well at Nationals, but I have a lot of work to do in the mean time," he said. "With the help of my family, friends and co-workers, I think that a nationals win is very possible."

Maharaja

Tops American

HELP WANTED

**Housekeeper** — Needed in Tachikawa, references required. 042-535-7810. (1)

**Vendor** — Part time, working days but must be able to work flexible hours. 227-8627. (1)

**Housekeeper** — To clean, do laundry/ironing, errands, must have three references, honesty and dependability, SOFA status and love animals. 227-4292. (1)

**Furniture repairman** — To tighten joints on dining room chairs. 227-4292. (1)

**Air condition installation** — Willing to pay experienced person to install two air conditioners in a garden home upstairs. 227-4426. (1)

**Computer representative** — For Yokota’s Power Zone, flexible hours, good compensation, representing major brand computers and accessories. 0989-36-5155.(2)

**Someone to mow lawn** — Garden home on north side, responsible, beginning April 1, pay negotiable. 227-2823.(2)

**Sales associate** — New Wave Waterbeds, part time/full time, available immediately, flexible hours, weekends a must, stop by and fill out application. 225-6379.(2)

**Vendor** — Part time, work days, must be flexible. 227-8627 leave message. (2)

PETS

**Ferrets** — One male, neutered, and one female, spayed, large and small cages, two pet carriers, three litter boxes and feeder, \$500. 227-2627. (1)

**Maltese Terrier** — Male, wonderful pet, house trained, child is allergic to him. 227-2787. (1)

**Russian cat** — Female, blue. 227-4394. (1)

**Chipmunk** — Needs good home, not for younger children, cage included, \$15. 227-9638. (2)

**Cat** — Yellow and white striped, neutered with necessary shots, friendly, good with children. 227-3991 or 227-4213. (2)

WANTED

**Temporary home** — Looking for someone to care for two loving cats from June 15 to 31, will provide food and reimbursement. 227-8718. (1)

**Fence** — 25-foot fence for backyard. 227-9187. (1)

**Rocker/recliner** — Glider or rocking chair. 227-3985. (1)

**Van** — 1988 or newer, in good condition, automatic with A/C. 227-2472. (1)

**Legos** — Or other building toys for young kids, also want new or used Marvel comic books. 227-3438. (2)

**Toyota or Nissan** — Automatic, A/C. 227-2472.(2)

LOST

**JVC camcorder** — Black, last seen March 17 at the west side park south of the elementary school. 227-5020. (1)

Fuji Classifieds

To submit an ad, e-mail: fuji.flyer@yokota.af.mil or drop off at the 374th Airlift Wing Public Affairs Office (Bldg. 315). Advertisements must be for one-time sales only, 25 words or less and include a name and phone number. No more than two ads per family, per week. Ads are run for two or three weeks (space permitting)

**Wilson baseball glove** — Lost on Snyder Field March 7, very old and of sentimental value, reward offered. 227-2729. (1)

SALES

**Yard sale** —8 to 11 a.m. Saturday, 4612-D Pease Ave., east side of base, multi-family sale, computer, printer, toys, clothes, lawn mower, two cars, CDs, TV and more. 227-2472. (1)

**Tag sale** — Dining table, crystal, twin bed, Nordic-track, clothes and books, begins at 9 a.m. Saturday at 4808A Smith Lane, east side of base. 227-3343. (2)

FOR SALE

**Swing set** — With slide, rocker, gym bar, etc., \$60. 227-2472. (1)

**Entertainment center** — Black, excellent condition, \$40, oak secretary desk, \$40, Epson Stylus color 800 printer, \$150. 227-2787. (1)

**Computer** — Gateway, Pentium 1, 90 mhz, Epson black and white printer. 042-535-7810. (1)

**Little Tikes gym** — Multi-colored, crawl tube and slide. 227-3733. (1)

**Homeschooling material** — Fifth grade curriculum, math for first grade, Alpha Omega workbooks, never used. 227-8476. (1)

**Laptop computer** — Gateway, Intel Pentium, 166 MHz, 56 MB RAM, 2 gig hard drive, accessories and carry case included, \$1,000. 227-3827. (1)

**Infant crib sets** — Two separate, three piece, white eyelit, handmade yellow, white gingum, matching curtain, two throw pillows, both like new, \$50 each. OBO. 227-4124. (1)

**Television** — Sanyo 19”, color, with remote control, \$100 OBO. 227-5093. (1)

**Air conditioner** —Four, 18,000 BTU, \$250, 18,000 BTU, \$200, 14,000 BTU, \$125, 13,500 BTU, \$125. 227-2356. (1)

**Computer monitor** — 19”, 26 dot pitch, max resolution, 1600x1200, one month old, \$270; natural gas heater, for off-base housing, \$120; Delonghi radiator heater, \$50. 227-3958. (1)

**Air conditioner** — Three years old, 8,000 BTU, \$100. 227-9032. (1)

**Air conditioner** — Kenmore, 60 hertz, 115 volts, brand new, \$270. 227-4641. (1)

**Wood crib** — Oak, with mattress and all the trimmings, \$100. 277-9658. (2)

**A/Cs** — Three, \$75 each; two infant car seats, \$25 each; baby bouncer, \$10. 227-7890. (2)

**A/Cs** — Two 12,000 BTU, good condition, \$30 each; awning for east side garden, free with your

removal. 225-3437. (2)

**A/Cs** — Perfect for 3BR garden, cools nicely, 8,000 BTU, \$150; 16,000 BTU, \$50; 5,000 BTU, \$100, 5,000 BTU, \$75; 8,000 BTU, \$100. 227-8263. (2)

**Phone line** — Available March 16, \$400. 0425-50-0412. (2)

**Bedroom set** — Knotted pine, ship’s captain design, \$250. 227-9502. (2)

**Waterbed** — Queen size, \$225; baby crib with mattress, \$125; glass table and four chairs, \$100; bicycle maintenance stand, \$25; truing stand, \$40. 227-4475. (2)

**Microwave** — White Goldstar, with rotating plate, excellent condition, \$50. 227-3985.(2)

**Printer** — HP Deskjet 694C, \$70; Moulinex meat grinder with slicer and juice attachment, \$35; pasta maker, \$35; rice cooker, five cup, \$15; buffet range, electric, \$30; Brithrer sewing machine, \$90. 227-3550.(2)

**TV** — Pioneer 40” projection, \$500; Intel Pentium 166 mmx, 64mb RAM, 14” monitor, 56K modem, perfect internet computer, \$450; toddler race car bed, with Elmo bedding, \$100. 227-8221.(2)

**Bike** — Children’s 12”, red, big MX-style seat, \$12. 227-4031.(2)

**Crib tent** — Like new, fits all standard cribs, prevents children from climbing out, keeps pets out, \$60 OBO. 227-9737.(2)

**Computer speakers** — Labtec LCS-1020 amplified 9 watt, \$10; KLH 100 watt powered subwoofer, new in box, \$125. 227-3620.(2)

**Golf club** — Taylor Made System 2 midsized 9.5 degree driver, graphite, regular MRH, used once, \$100; Salton “Pasta Del Giorno” deluxe pasta maker, \$75. 227-3620. (2)

**Grill** — Gas, \$20; lawnmower, \$30; second lawnmower, \$10; set of four-lug rims, \$40; fish tank, everything but fish, \$40; outdoor table and chairs, \$10. 227-8263. (2)

**Sewing machine** — Singer Touch & SewII delux zig zag, \$175; electric floor heater, small, good for bath room, \$15; Korean mirror chest, \$100; Sony CD single disk player, \$25; OBO on all items. 556-4429. (2)

**Treadmill** — Weslo incline, one year old, digital speedometer, calories, time and distance, \$250 OBO. 227-3734. (2)

**Wedding gown** — White satin, hand made, se-quence, never worn, \$700 OBO. 227-8963. (2)

AUTOMOBILE

**1993 Toyota** — Sprinter, 4-door, automatic, A/C, cassette, 18,000 miles, excellent condition. 227-

2472. (1)

**1985 Toyota** — Townace van, automatic, front and back A/C, JCI July 2001, \$1,800. 227-9023. (1)

**1987 Toyota Sprinter** — Gray, 4-door, AM/FM/cass, A/C, excellent condition, JCI until Nov., \$1,400 OBO. 227-4526. (1)

**1983 Nissan** — Gray, automatic, JCI until July, good condition, \$400 OBO. 227-8476. (1)

**1993 Nissan** — Primera, maroon, 4-door, JCI May 2002, automatic, power windows, locks and mirrors, AM/FM/cass, \$2,300 OBO. 227-2057. (1)

**1988 Ford** — Spectron, bronze, bench seats, automatic, A/C, great condition, JCI March 2001, \$1,200 OBO. 227-8779. (1)

**1993 Toyota** — Corolla, 4-door, automatic, A/C, new JCI March 2002, \$2,500 OBO. 227-9176. (1)

**1988 Honda** — Prelude, automatic, A/C, JCI Jan. 2001, \$1,200 OBO. 227-9176. (1)

**1992 Toyota** — Mark II, power everything, JCI until Sept. 2001, reliable and clean, one dent, \$1,500. 227-2640. (1)

**1987 Toyota** — Sprinter, gray, 4-door, AM/FM/cass, good condition, JCI until Nov., \$1,400 OBO. 227-4526. (1)

**1991 Isuzu** — Gemini, dark blue, JCI until Dec. 2001, A/C, P/S, 4-door, 5-speed, available after April 4, \$700 OBO. 227-5567. (2)

**1992 Daihatsu** — Mira, black, JCI until Jan. 2002, automatic, A/C, 5-door, dependable minicar, available after April 10, \$1,000 OBO. 227-5567. (2)

**1990 Mitsubishi** — Chariot station wagon, excellent condition, JCI until April 2001, \$1,800. 227-2051. (2)

**1994 Pontiac** — Grand AM SE, 4-door, fully loaded, only 41K, clean and reliable, \$6,150 OBO. 225-8856. (2)

**1992 Nissan** — Sunny, air, automatic, power windows, door locks and mirrors, AM/FM/cass, excellent condition, JCI until June 2001, \$2,200. 227-8708. (2)

**1989 Toyota** — Trueno sport super charger, black and gold, 5-speed, JCI until Nov. 2001, mechanically sound, new clutch, tires, brakes, A/C, battery, CD stereo, all belts, oil change, C-boots, no write-ups on last inspection, \$3,000 firm. 227-2779. (2)

**1989 Toyota** — Mark II, JCI until Jan. 2002, AM/FM/cass, new tires and breaks, good A/C and heater, \$2,000 OBO. 227-3013. (2)

**1991 Mitsubishi** — Diamante, charcoal grey, tinted windows, 4-door, cruise control, tilt wheel, A/C, power everything, JCI until Nov. 2001, very nice, \$3,000 OBO. 227-2352. (2)

**1991 Nissan** — Laurel, champaign color, JCI legal working kit installed, front and rear spoilers, AM/FM/cass, power windows, locks, tilt wheel, A/C, automatic, excellent condition, new JCI, \$2,300 OBO. 227-2352. (2)

**1990 BMW** — 525i, 62,000 miles, black, Euro specs, full power, \$8,000 OBO. 227-6262. (2)

**1989 BMW** — 535i, 35,000 miles, black, Euro specs, full power, \$7,000 OBO. 227-6262. (2)

**1986 Toyota** — Lite Ace van, runs good, JCI until July 2001, \$600 OBO. 227-8582. (2)

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Narita Shuttle price hike

Beginning Saturday, the Narita Shuttle price will increase to \$25. For more information, call 225-7720.

Ugliest dog contest

In conjunction with the annual Cherry Blossom Festival, the base Public Affairs office is holding an ugly dog contest at 1 p.m. Sunday. To enter the contest and win prizes, bring your dog to the intersection of Sarnoski and McGuire avenues. For more information, call 225-7020.

Scuba Lessons

The Natatorium will begin offering scuba diving lessons beginning Saturday. For more information, call 225-2280.

YOSC Bazaar

The Yokota Officers' Spouses Club is sponsoring the Spring Asian Bazaar in Hangar 15 April 15 from 9 a.m. to 6 p.m., and April 16 from 10 a.m. to 5 p.m. All patrons under the Status of Forces Agreement are entitled and welcome to shop. Money from the bazaar will be used to sponsor various charities around the base.

New speakers

The Army and Air Force Exchange Service has completed its part of the base theater renovation project. AAFES installed a Dolby Digital sound system and replaced all of the speakers in the theater. This weekend the theater will play science fiction movies to showcase the new system.

Rodeo team bake sale

The 374th Airlift Wing Rodeo Team will have bake sale today at the post office to offset costs of equipment not covered by Air Force funding.

Red Cross events

Tuesday the American Red Cross will hold its orientation at 8 a.m. in Bldg. 4018 Room 205 as well as a healthy pregnancy/healthy baby seminar at the hospital in the first floor conference room from 6 to 8:30 p.m. Wednesday, there is a Community First Aid and Safety Course from 8 a.m. to 5 p.m. in Bldg. 4018 Room 205. April 7 there is an Advisory Council Meeting from 11:30 a.m. to 1 p.m. at AAFES Headquarters first floor conference room.

Spring musical

Yokota High School announces its spring musical "Fiddler on the Roof" from



**Who:** Staff Sgt. Donald Hoobler  
**Reason:** Hoobler revamped the 630th Air Mobility Support Squadron Strategic Arms Reduction Treaty and Intermediate Range Nuclear Forces mission procedures, coordinating changes with the Defense Threat Reduction Agency, the 62nd Airlift Wing and Air National Guard units. These missions verify compliance with agreements to dismantle nuclear warheads in the former Soviet Union. He also built the Y2K checklist for the 630th AMSS Air Mobility Control Center and was the lead for Y2K checking and reporting for the 615th Air Mobility Squadron and headquarters Air Mobility Command.

Wednesday to April 7 at 7:30 p.m. and April 8 at 2:00 p.m. and 7:30 p.m. Costs for tickets are \$5 for students and \$8 for adults. For reservations, call Carol Rudd at 225-7018.

Continued Education

The Navy College Office is considering offering a Master of Science in Foundations of Education program. The NCO is hosting an organizational meeting to determine if there is sufficient interest in the program April 7, 6:30 p.m. at Atsugi Naval Air Facility, in the Resource Center on the third floor of Bldg. 949. Reserve a space before the close of business today by calling 264-3280.

Movie schedule

**Today** -- *Star Wars: Episode I*, PG, 6:30 p.m.; *Mission to Mars*, PG, 9 p.m.  
**Saturday** -- *Supernova*, PG-13, 6:30 p.m.; *Mission to Mars*, PG, 9 p.m.  
**Sunday** -- *Galaxy Quest*, PG, 2 p.m.; *Mission to Mars*, PG, 7 p.m.  
**Monday** -- *Mission to Mars*, PG, 7 p.m.  
**Tuesday** -- *Supernova*, PG-13, 7 p.m.  
**Wednesday** -- *Supernova*, PG-13, 7 p.m.  
**Thursday** -- *Next Friday*, R, 7 p.m.

YTV (Channel 18)

*Welcome to Yokota* -- Mondays at 8 a.m.  
*Culture Connection* -- Monday through

Saturday at 9 a.m. and 5 p.m.  
*Air Force News* -- Monday through Saturday at 3 p.m.  
*Eye on Services* -- Monday through Saturday at 6:30 p.m.

Parking problem

Recently several Yokota members parked their cars at the McDonalds near Fussa Station only to find them towed away upon their return. People who park in this area face fines and towing charges that could be higher than \$1,000.

Telephone outage

Each telephone line in the east housing area will experience a one-time disruption of service ranging from four to six hours between April 24 and May 5. The disruption is part of a major restoration project. A schedule of specific dates and times are displayed in the base post office. If your service cannot be interrupted, call 225-7100.

Instructors needed

Youth programs is in search of instructors for the Youth Center to teach piano lessons, karate and tae kwon do to youth. For more information, call 225-7422.

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# Advertisement

## Commander's viewpoint

# Tough job without safety

By Col. Mike Klackle

374th Logistics Group Commander

The Air Force mission is one of the most technical and demanding responsibilities in the world today.

Our resources are more limited today than ever before, which means that we have to do the same mission with fewer resources. However, we are better organized and our equipment is first rate — unequaled in the free world.

People are the critical difference! It takes everyone's personal time and energy to become more effective in



day-to-day mission readiness while being sensitive to our safety programs.

Safety, to me, means personal awareness and everyday involvement. Some people may think safety has a restrictive connotation, however, I don't.

Safety's purpose is not to prohibit us from doing our jobs, but to enable us to accomplish essential and critical tasks with minimum loss of key resources. Furthermore, an organization's attitude toward safety is a direct reflection of the level of its true professionalism.

Our equipment and procedures are only as good as the people who use them and follow established safety procedures. Our personnel must be

trained and qualified to handle the demands of this highly technological force. Every leader and supervisor must continually lead and motivate his or her people to safely accomplish our challenging Air Force missions.

Commanders and supervisors must lead their people in day-to-day involvement in awareness of safety. However, safety is a personal thing and requires our personalized involvement. While accomplishing our jobs, each of us must share in the responsibility of promoting safety for ourselves and to our fellow airmen.

We are the key — let's take care of each other!

## CSAF from page 8

five was the first one where a team concept was used for the expeditionary support side. "We've sent teams forward, not in ones and twos, but in groups who have worked together before," said the general. The feedback he's been getting has been positive and well received by the expeditionary commanders. Commanders have found that functions lose a little continuity because they turnover the whole group at once, however, the people who are showing up are prepared for the job and they are a team.

"Take firefighters, instead of having 15 firefighters from 15 different bases, you have teams of firefighters who have worked together. They know each other's weaknesses; they know each other's strengths and they know how to work together as a team. That's a much, much more effective way of doing business than ones and twos," Ryan said.

The operation of the AEFs has been progressing well with no major problems. "Part of that has to do with planning and part of it has to do with reporting," Ryan explained. "AEFs five and six were the first AEFs where we have included the combat support — so we have only been into it about three weeks. We don't think there are any major hiccups, but we'll need to see. To be quite honest, we've probably got this thing about 85 percent right and 15 percent wrong, but we're not sure what to fix yet.

"I am, in my position, trying to hold down the OPTEMPO (Operations Tempo) on our folks to something that we think we can stand. That's what AEF is about in many ways, it allows us to not be over-tasked.

"On the other hand, there are some things just we have to do. I mean there's no question we have to do it," he said. "In those cases it will be an exception when we break OPTEMPO. They (commanders) must come to me to get buy-off to break OPTEMPO. I just authorized it for 15 days for our AWACS (Airborne Warning and Control Systems) crews because of a need in Alaska. So, I am trying to manage this almost personally, at least for the exceptions to

policy.

In reference to the new Air Force logo the general cleared the air. "First of all, we are not changing the image of the Air Force. We know who we are; we know what we do...so we're trying out this test logo. We are going to use it in our advertisement campaign and see how people react to it. Then we'll decide whether to use it or get rid of it."

Over the past several years the Department of Defense has focused its attention on the retirement system, Pay Table Reform and recruiting and retention.

The Air force will focus on TRICARE in 2001.

"We think some of the leadership in Congress is very, interested in making some changes to TRICARE benefits offered to our folks," said Ryan, "not just for our active duty but for our dependents and for our retirees. One (initiative) put forward was to knock out co-pays. Why should you have to pay \$12 when your child is sick? It's a nuisance fee. We don't think a nuisance should be on members and their dependents."

The focus will also be on retirement benefits according to Ryan. "There's an implicit promise out there to our retirees that we provide a better health care package than what they're receiving today," he said.

As for the Weighted Airman Promotion System, the general admitted, "we're the slowest for enlisted grades and fairly slow in our officer grades up through colonel. Part of that is because we're a retention force. The others (services) turnover the number of folks they have very rapidly — it takes us on the average three years more to make technical sergeant than in the Army for instance — we know that. That's why when we redid the pay schedule, we (Air Force) were the ones insisting longevity was also important not just promotion."

With promotion rates for junior enlisted members the highest they have ever been, partially to fill a mid-level NCO shortage, Ryan said, "Our junior enlisted people are quality people, when its time to step up they have always stepped up. I have no questions about their ability to lead the Air Force."

The next leg of Ryan's tour will take him to Misawa AB.

## Action Line

### Abuse of housing

*Q. My family has lived here for almost two years and the thing that gets me is disrespect for people and property. I live in a tower and our senior occupant has tried several times to get people to dispose of their trash in the provided locations. However, they don't listen and just drop it in front of the door, so that no one can put their trash where it belongs. Soon it's flowing out of the trash room.*

*This is the first time I've lived on base and I wonder why housing isn't inspected. There are a lot of people who don't follow the rules and guidelines for pets. Also, when I pick up my child from a home preschool, the basement is full of cars.*

*My friends and I discuss such issues and wonder why nothing is done. We all agree that the Air Force has turned into a welfare state where nothing is respected.*

A. Thank you for bringing these matters to my attention. Let me first address the specific situations you brought forward.

The garbage situation in the towers has been a constant concern for us and we are taking every step possible to work with the senior floor managers to ensure that housing policies are enforced. We recently completed refurbishing the trash area in one tower and intend to accomplish the task in all towers. Unfortunately, it involves the participation of all 70 residents to accomplish a clean-up project. We also submitted a work order to install stainless steel wall covers in the trash bin areas to reduce the accumulation of dirt on the walls. Installation and a clean-up project are projected in the very near future.

We conduct inspections of hallways, fire escapes and other common areas. Because of privacy concerns, we can only inspect residents' homes if we suspect that there are existing health or safety hazards. The policy on pets in towers has not changed. The only pets authorized are fish, small caged birds and caged hamsters or guinea pigs — residents are briefed on this policy during their initial housing assignment. If you have information on any resident with pets in the tower units, don't hesitate to speak to the senior resident or call the housing office — you do not have to leave your name as they will honor all anonymous phone calls. Once a call is received, they will send an inspector to verify the complaint and issue a discrepancy notice if necessary.

Parking vehicles in the basement is restricted to 20 minutes and may only be used for unloading groceries, and pick up or delivery of household goods. Report the vehicle's license plate number of violators to security forces. They will be given a warning or ticket.

Now, please let me summarize what I see as a much larger issue — the "culture" of our base populace.

The vast majority of the folks living and working at Yokota are great people with high moral, ethical and community values. We have every right to live in neighborhoods that are friendly, clean, well kept, and safe. Our challenge is to get that small minority who fail to live up to those community standards back on the "right side of the fence."

Remember, living on our base is a *privilege* not a right! Collectively, "we" do not have an obligation to house personnel who violate base regulations. Dormitory and family housing residents who won't change and comply with "good neighbor" expectations and policies that are so critical to a small base like Yokota may be directed to reside off base.

I look forward to developing and implementing better "citizen-based" programs to help make life in all our housing facilities more enjoyable. We can entice and motivate folks to be the good neighbors we want and need them to be. It's just going to need a little push from all of us to shift things in the right direction.

You'll be seeing more about my approach to this "base culture" issue in the April 7 edition of the Fuji Flyer. I'll also be discussing it on my Commander's Corner radio show April 14, from 7:30 to 8 a.m. on Eagle 810. I look forward to everyone's help and participation as we make commu-

**225-TEAM or [action.lines@yokota.af.mil](mailto:action.lines@yokota.af.mil)**

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#### DEADLINE

The Fuji Flyer deadline is 4:15 p.m. nine days (Wednesday) before the publication date (Friday). On weekends and holidays the deadline is the Tuesday before.

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36th, despite how painful it was to get things together. “There was lots of planning and re-planning and things are still changing day-to-day, but, I’m told that’s the nature of the beast.”

Getting Visas for the different countries wasn’t the only concern for the trip. Since the C-130s would be flying into some austere locations, security of the Air Force assets had to be considered while on the ground. With only a couple of days notice, the 374th Security Forces Squadron at Yokota had their two PHOENIX Raven teams identified and ready to go.

When the aircraft lands at each location, the Raven team evaluates the security already in place and determines if additional security is necessary. In some locations, the two maintain a constant watch over the aircraft until it is time to move to the next location.

Col. Steve Humphrey, 36th EAS commander, is excited about being on the mission. “First, it’s exciting to be directly supporting the President of the United States,” he said.

With the importance of the mission, as well as the different destinations, according to Humphrey, the director of logistics for 13th Air Force at Andersen Air Force Base, Guam, and this trip couldn’t be much better. “I’m getting to see parts of the world I would never have had the opportunity to see.”

Humphrey said despite a few hurdles

*“All these strangers came together with the mission in mind and bonded into a solid team. I have the greatest confidence in each and every person on the team.”*

— Col. Steve Humphrey  
36th EAS commander  
about Yokota group

along the way, things are running according to plan.

“It’s going great,” Humphrey said. “There have been some challenging times getting the personal and professional medical equipment through the airports, but, every drop of sweat expended has been worth the effort.”

Humphrey said so far, thanks to the efforts of several different agencies, things are running smoothly. “The air attaches have been great. They have bent over backward getting us lodging accommodations, as well as access to the different areas we needed.

As far as the group travelling on the Yokota C-130s, Humphrey has nothing but praise. “All these strangers came together with the mission in mind and bonded into a solid team. I have the greatest confidence in each and every person on the team.”

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# Lucky-draw to bring 25K home to wing

**By Staff Sgt. Alan Williams**  
Chief of Internal Information

As luck would have it, the Pacific Air Forces Commanders' Conference, which was held March 4-9, is bringing three Quality-of-Life initiatives to reality for the 374th Airlift Wing.

"Essentially, by chance or luck-of-the-draw, he [Gen. Patrick Gamble, PACAF commander] drew the 374th out of the hat. So we are one of five wings that got \$25,000 to spend on specific QOL needs we submitted prior to the conference," said Col. Mark R. Zamzow, 374th Airlift Wing commander.

The first purchase on the list was storage-lockers for the 374th Security Forces Squadron personnel who are required to have personal protective gear readily available.

"That will be great, because they haven't had a secure storage area for their gear. They've been keeping it in their cars or at home, but they need to have it at a moment's notice. So now that the squadron has room for them, we are going to get lockers," said Zamzow.

Second on the list was a test scanner for the Education Center. The new scanner will reduce the time students have to wait for results from Defense Activity Non-Traditional Education Services and College

Level Examination Program tests.

Right now it takes six weeks to get results for DANTES and CLEP tests because exam sheets have to be mailed to another facility. That wait could present complications for students nearing the completion of educational requirements. Oftentimes students don't get results until it is too late to register for classes because the semester has already begun and most likely the particular class won't be offered the following semester.

"It's right around \$6,000 bucks for a scanner. Now we can get people results in one or two days and they can make their educational decisions and go down what ever path they choose," said Zamzow.

Last was computer software for the youth centers.

"There is supposed to be a fair amount of that (educational software), by statute, in the youth centers. This (purchase) will get us caught up to where we should be," said Zamzow.

Fortunately Gen. Gamble decided to divide the \$125,000 set aside for QoL into \$25,000 parts rather than spreading it so that it's so small for everybody.

QoL dollars from PACAF were dispersed at the commander's discretion. QoL projects compete with mission requirements for funding and must be in accordance with governing instructions, regulations, and the law.

## A day at the races ...



photo by 1st Lt. John Sheets

**Cub Scouts from Yokota, Fussa and Kieyose watch a heat in the Pinewood Derby at Yokota West Elementary School March 25. One hundred and seven cars competed for top honors which went to a Kieyose scout.**

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News in short

Tobacco can't go home

The U.S. Customs Service recently announced that they will begin enforcing provisions of the Balanced Budget Act of 1997. The law applies to re-importations of tobacco products made in the United States that are tax-exempt such as cigarettes bought at military exchanges and commissaries, duty free shops or on-board international carriers. The law doesn't apply to tobacco products bought at a local store where taxes were paid.

U.S. origin tobacco products can no longer be brought back into the states in any quantity. No exemptions can be applied to these restricted tobacco products, nor can the U.S. Customs Service accept offers to pay the tax. Under the new law if these products are not declared they could be seized and penalties could be assessed. The civil penalty is at least a \$1,000 fine and criminal penalties are also possible.

Road closure

McGuire Avenue will be closed for the Cherry Blossom Festival from 2 p.m. Friday to 4 p.m. Sunday. Please use an alternate route through housing.

Cherry Blossom Festival

Yokota will hold its annual Cherry Blossom Festival from 10 a.m. to 4 p.m. Saturday and Sunday on McGuire Avenue. For information, call 225-7020.

Family party

The 374th Services Squadron is hosting their final bash for Customer Appreciation Week Saturday at the Sakura Shell from 11 a.m. to 3 p.m. The event also kicks off the Month of the Military Child. There will be food, games, rides and T-shirts for the first 200 kids.

AF chief visits



photo by Airman 1st Class JoAnn Makinano

**Capt. David Johnson, 374th Communications Squadron Information Systems Flight commander, briefs Gen. Michael Ryan, Air Force chief of staff, about system fielding challenges during his visit to Yokota while Senior Airman Tom Yingling and Lt. Col. George Hays look on.**

By Staff Sgt. Alan Williams

Chief of Internal Information

YOKOTAAIR BASE, Japan — Air Force Chief of Staff, Gen. Michael E. Ryan discussed retention, TRICARE, recently deployed AEFs, and promotions here March 24-25, during his tour of Pacific Air Forces.

“We have missed our retention goals by about five percent the last two years, but it’s not such a huge shortage that it affects our capability to do our job,” said Ryan. “There are individuals we’d like to retain. And, in fact, what we’re

seeing is a turn around in the retention rates as a result of the changes in pay, the changes in the retirement system and the effects of AEF (Aerospace Expeditionary Force) though I think it’s too soon to tell that.”


Although the Air Force did fall short on retention, according to Ryan there are people who separate and want to return to the “big blue team.” “If they have the right specialty and want to come back in, we’re letting them back in,” he added.

While on the subject of the AEF the general said AEF

**see CSAF page 5**

Commitment to caring

Total funds Yokota personnel have donated to the Air Force Assistance Fund through March 24. Eighty-two percent of the base population have been contacted as of March 28. For more information, contact your unit AFAF representative.



Independent graphic by Senior Airman Matt Miller  
Source: 1st Lt. Scott Latimer, wing AFAF project officer

Base members support president

Yokota C-130 transports Clinton's medical team on historic tour

By Staff Sgt. Cindy York

Air Force Print News

AGRA, India — While President Bill Clinton tours South Asia during the first Presidential visit to the area in more than 22 years, a group of airmen is in the region with one major concern — their commander-in-chief's health.

A team of nine Air Force medical professionals, mostly from Wilford Hall Medical Center at Lackland Air Force Base, Texas, is setting up at different locations in India, Bangladesh and Pakistan to provide primary or secondary medical support to the president during his visit.

The group, known as the small portable expedition-

ary aeromedical rapid response, or SPEARR team, didn't come this far alone, however. Providing the group's transportation during the two-week trip is the 36th Expeditionary Airlift Squadron — a temporary designation for the group mostly composed from Yokota.

Flying a C-130 Hercules aircraft, the 36th EAS, is making the more than 25,000-mile trip carrying more than 2,000 pounds of essential medical equipment, plus about 4,000 pounds of aircraft parts and tools. A second Yokota C-130, which was originally planned as a backup, is now flying their own missions related to the President's visit.

When Capt. Ed Knetig, 36th Airlift Squadron mission representative, heard about the mission, he could only imagine the amount of planning that would need to be done for the trip. However, within two weeks of being notified about this PHOENIX BANNER mission, Knetig, along with 18 other 36th maintenance and aircrew members had their equipment and country clearances and were on the road.

Knetig said this is a very important mission for the

**see PRES page 6**